



# The effect of confinement on the mental health of individuals during the COVID-19 pandemic: an online survey

03/04/2025 10:46:11

## Main Information

**Primary registry identifying number**

LBCTR2020043459

**Protocol number**

HDF 1632

**MOH registration number**

**Study registered at the country of origin**

Yes

**Study registered at the country of origin: Specify**

**Type of registration**

Prospective

**Type of registration: Justify**

N/A

**Date of registration in national regulatory agency**

11/04/2020

**Primary sponsor**

Hotel Dieu de France hospital

**Primary sponsor: Country of origin**

Lebanon

**Date of registration in primary registry**

16/04/2020

**Date of registration in national regulatory agency**

11/04/2020

**Public title**

The effect of confinement on the mental health of individuals during the COVID-19 pandemic: an online survey

**Acronym**

**Scientific title**

The effect of confinement on the mental health of individuals during the COVID-19 pandemic: an online survey

**Acronym**

**Brief summary of the study: English**

This an online survey aiming at screening most common mental disorders occurrence (depression, anxiety, eating disorders and substance use disorders) in the general population of Lebanese individuals under confinement. The study will use 3 screening questionnaires: DASS-21, SCOFF and CAGE-AID in Arabic, English and French. Three groups divided among those who have a minimal, moderate or severe impact of the confinement on their lifestyle will be created and their scores on screening questionnaires will be compared.

**Brief summary of the study: Arabic**

يهدف هذا الاستطلاع عبر الإنترنت إلى فحص معظم الاضطرابات النفسية الشائعة (الاكتئاب والقلق واضطرابات الأكل واضطرابات تعاطي DASS-21 و SCOFF و CAGE-AID : استبيانات للفحص3المخدرات) في عموم السكان اللبنانيين تحت الحبس. ستستخدم الدراسة باللغات العربية والإنجليزية والفرنسية. سيتم إنشاء ثلاث مجموعات مقسمة بين أولئك الذين لديهم تأثير الحد الأدنى أو المعتدل أو الشديد للحبس على نمط حياتهم ومقارنة درجاتهم في استبيانات الفحص.

**Health conditions/problem studied: Specify**

Mental Disorders

**Interventions: Specify**

Online survey dividing participants to three groups according to the level of influence of confinement on their lifestyle



**Key inclusion and exclusion criteria: Inclusion criteria**

Age > 18 years  
Living in Lebanon  
Speaking English Arabic or French

**Key inclusion and exclusion criteria: Gender**

Both

**Key inclusion and exclusion criteria: Age minimum**

18

**Key inclusion and exclusion criteria: Exclusion criteria**

Refusal to participate

**Type of study**

Observational

**Type of intervention**

Lifestyle changes

**Trial scope**

Other

**Study design: Allocation**

N/A

**Study design: Control**

N/A

**Study design: Purpose**

Screening

**Study design: Assignment**

Parallel

**IMP has market authorization**

**Name of IMP**

**Type of IMP**

**Pharmaceutical class**

No pharmaceutical class is involved

**Therapeutic indication**

No indication

**Therapeutic benefit**

Assessment of confinement impact on mental health

**Study model**

Cohort

**Study model: Specify model**

**Key inclusion and exclusion criteria: Specify gender**

**Key inclusion and exclusion criteria: Age maximum**

85

**Type of intervention: Specify type**

N/A

**Trial scope: Specify scope**

**Study design: Masking**

N/A

**Study phase**

1

**Study design: Specify purpose**

N/A

**Study design: Specify assignment**

N/A

**IMP has market authorization: Specify**

**Year of authorization**

**Month of authorization**

**Study model: Explain model**



N/A

Cross-sectional online survey comparing 3 groups

**Time perspective**

Other

**Time perspective: Explain time perspective**

Transversal assessing current month's psychological well-being

**Time perspective: Specify perspective**

N/A

**Target follow-up duration**

1

**Target follow-up duration: Unit**

N/A

**Number of groups/cohorts**

3

**Biospecimen retention**

None retained

**Biospecimen description**

N/A

**Target sample size**

500

**Actual enrollment target size**

**Date of first enrollment: Type**

Anticipated

**Date of first enrollment: Date**

14/04/2020

**Date of study closure: Type**

Anticipated

**Date of study closure: Date**

18/05/2020

**Recruitment status**

Pending

**Recruitment status: Specify**

**Date of completion**

**IPD sharing statement plan**

No

**IPD sharing statement description**

N/A

**Additional data URL**

**Admin comments**

**Trial status**

Approved

**Secondary Identifying Numbers**

No Numbers

**Sources of Monetary or Material Support****Name**

N/A

**Secondary Sponsors**

No Sponsors

**Contact for Public/Scientific Queries**

Contact type	Contact full name	Address	Country	Telephone	Email	Affiliation
Public	Rami Bou Khalil	rami.boukhalil@usj.edu.lb	Lebanon	01615300	rami.boukhalil@u sj.edu.lb	Saint Joseph University
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**Centers/Hospitals Involved in the Study**

Center/Hospital name	Name of principles investigator	Principles investigator speciality	Ethical approval
Hotel Dieu de France	Rami Bou Khalil; Ramez Dagher; Ghassan Sleilaty; Sami Richa	Psychiatry and cardiothoracic surgery	Approved

**Ethics Review**

Ethics approval obtained	Approval date	Contact name	Contact email	Contact phone
Hotel Dieu de France	09/04/2020	Sami Richa	sami.richa@usj.edu.lb	01615300



## Countries of Recruitment

Name
Lebanon

## Health Conditions or Problems Studied

Condition	Code	Keyword
Depression	Depressive episode (F32)	Depression
Anxiety	Anxiety disorder, unspecified (F41.9)	Anxiety

## Interventions

Intervention	Description	Keyword
N/A (online survey)	Online survey assessing mental health during the last month	Mental Health; Online survey; Confinement

## Primary Outcomes

Name	Time Points	Measure
Mental disorders (Depression; anxiety; eating disorders; substance use disorders)	one month	DASS-21; SCOFF; CAGE-AID

## Key Secondary Outcomes

Name	Time Points	Measure
N/A	N/A	N/A



## Trial Results

**Summary results**

**Study results globally**

**Date of posting of results summaries**

**Date of first journal publication of results**

**Results URL link**

**Baseline characteristics**

**Participant flow**

**Adverse events**

**Outcome measures**

**URL to protocol files**